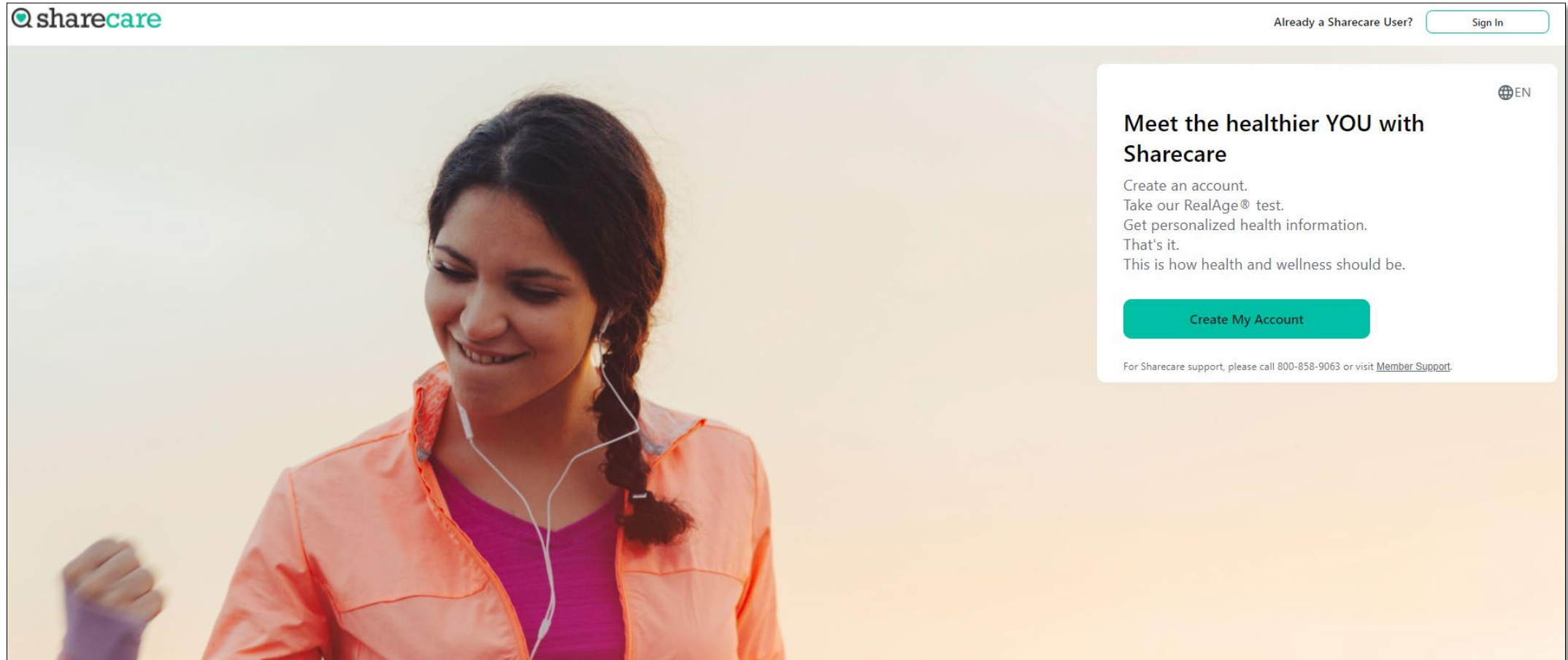


Visit www.mycare.sharecare.com to get started.



sharecare

Already a Sharecare User? [Sign In](#)

EN

Meet the healthier YOU with Sharecare

Create an account.
Take our RealAge® test.
Get personalized health information.
That's it.
This is how health and wellness should be.

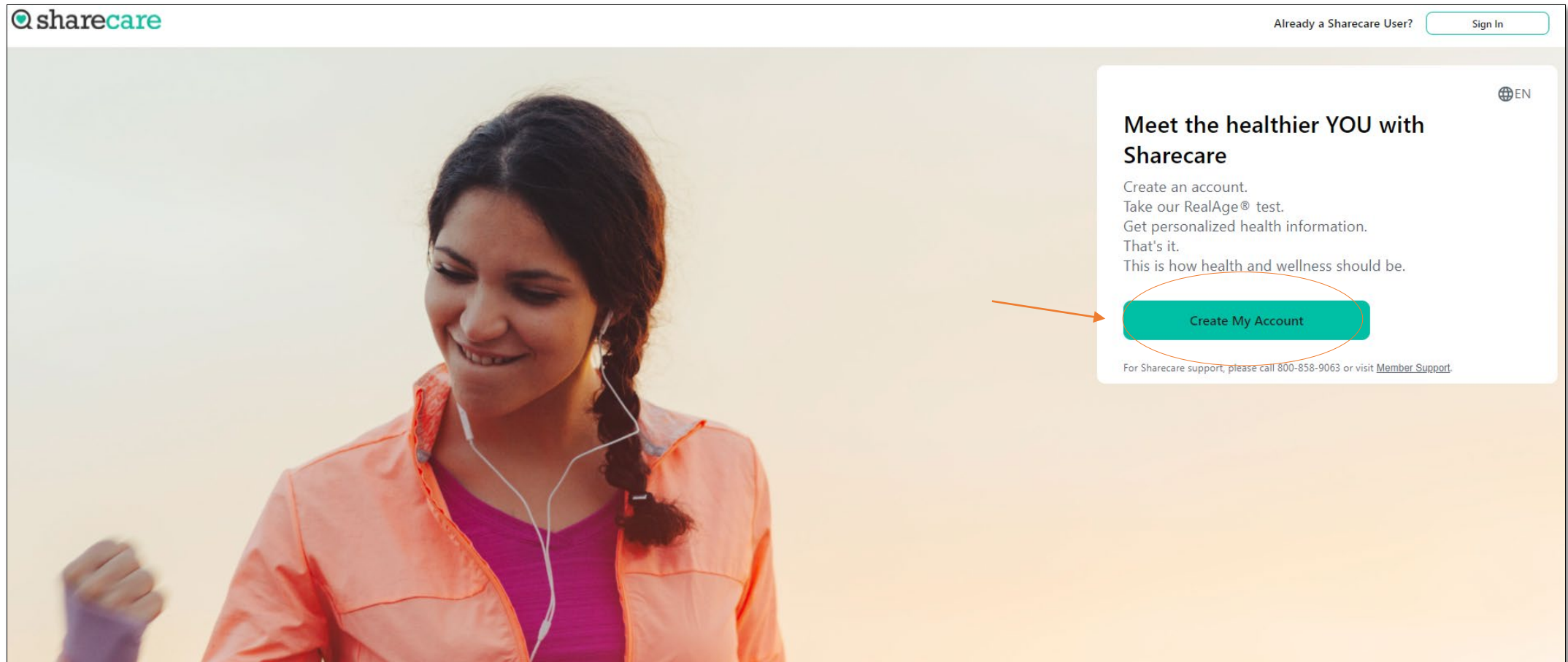
[Create My Account](#)

For Sharecare support, please call 800-858-9063 or visit [Member Support](#).

This site can also be accessed by visiting the Applications tab from the homepage of the Portal and clicking **“ShareCare – Health Assessment”**

Select Create My Account

(You will need your Highmark Member ID number to continue) – Please see FAQs for help if you do not have your Highmark Member ID card.



The screenshot displays the Sharecare website interface. In the top left corner, the Sharecare logo is visible. In the top right corner, there is a link for "Already a Sharecare User?" and a "Sign In" button. The main content area features a large image of a smiling woman wearing an orange jacket and white earbuds. To the right of the image, there is a white box containing the following text: "Meet the healthier YOU with Sharecare", "Create an account.", "Take our RealAge® test.", "Get personalized health information.", "That's it.", and "This is how health and wellness should be." Below this text is a prominent teal button labeled "Create My Account", which is circled in red. An orange arrow points from the left towards this button. At the bottom of the white box, there is a small line of text: "For Sharecare support, please call 800-858-9063 or visit [Member Support](#)." In the top right corner of the white box, there is a globe icon followed by "EN".

Complete the required fields including the **12-digit numeric portion from your Highmark Member ID Card.**

Please note: Both caregivers and enrolled spouses must create their own accounts and complete the requirements.

EN X

Nice to meet you

We need a few things to start personalizing your health recommendations.

Already a Sharecare User? [Sign In](#)

Account Details

First Name Last Name

Date of Birth (MM/DD/YYYY)

ZIP Code Gender

Verify your membership

Enter the numeric part of your Member ID.

ID Card Insurance Plan Name

Member Name	<input type="text"/>
JOHNNY APPLE SEED	
Member ID	<input type="text"/>
XYX21010101	
Group No.	Office Visit: \$\$
Plan	Specialist: \$\$
Effective Date	Emergency Room: \$\$

Member ID (numeric part only)

If you do not have your member ID visit your health plan member website homepage.

[Next](#)


For Sharecare support, please call 800-858-9063 or visit [Member Support](#).

Insert your Email and create a Password then **click Next**.

EN ×

Choose Your Login Credentials

Note: If you have an existing account, you may sign in and we'll connect your accounts. If your password doesn't work:
[Reset your password](#)


 

Next

Accept the **GINA** and **HIPAA** authorizations then click **Complete Account Creation**.


Both boxes must be checked to earn credit for completing your activities.

GINA

I Agree to the terms and conditions outlined in the Americans with Disabilities Act (ADA) Notice and Genetic Information Nondiscrimination Act (GINA) Wellness Program Authorization 

I agree to the ADA Notice & GINA Authorization

HIPAA

Would you like to retain and manage your health information even if you choose to change your health plan or leave your employer? Your HIPAA authorization will allow you to do so on the Sharecare platform. 

I Agree to the HIPAA Terms to Use and Disclose information.

Messaging Preferences

I want to receive email notifications, alerts and other notices from Sharecare. I can opt-out at any time.

By selecting "Complete Account Creation", I agree to participate in this Enterprise Program, subject to the [Sharecare Privacy Policy](#) and [Terms](#).

Complete Account Creation

After finalizing your registration, you will be **automatically directed to the RealAge Test.**

You have the option to take it right away by clicking **Get Started** or you may go back and complete it later.



Welcome to Sharecare

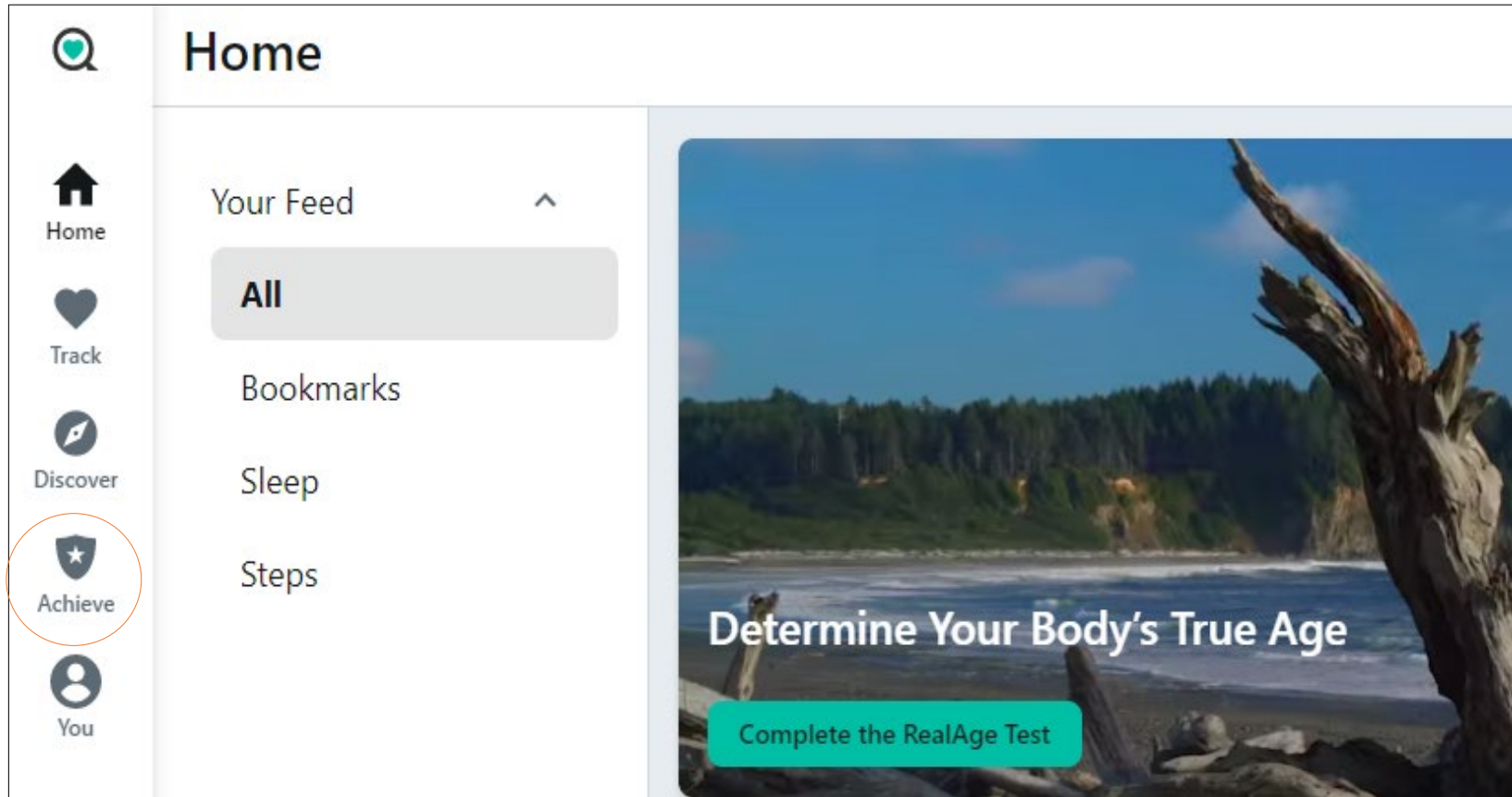
Want to make things even better? Take the RealAge test. It's based on the latest science and you'll learn how habits make or break your health. You'll get tips, recipes, videos and more – all tailored to you.

Not Now

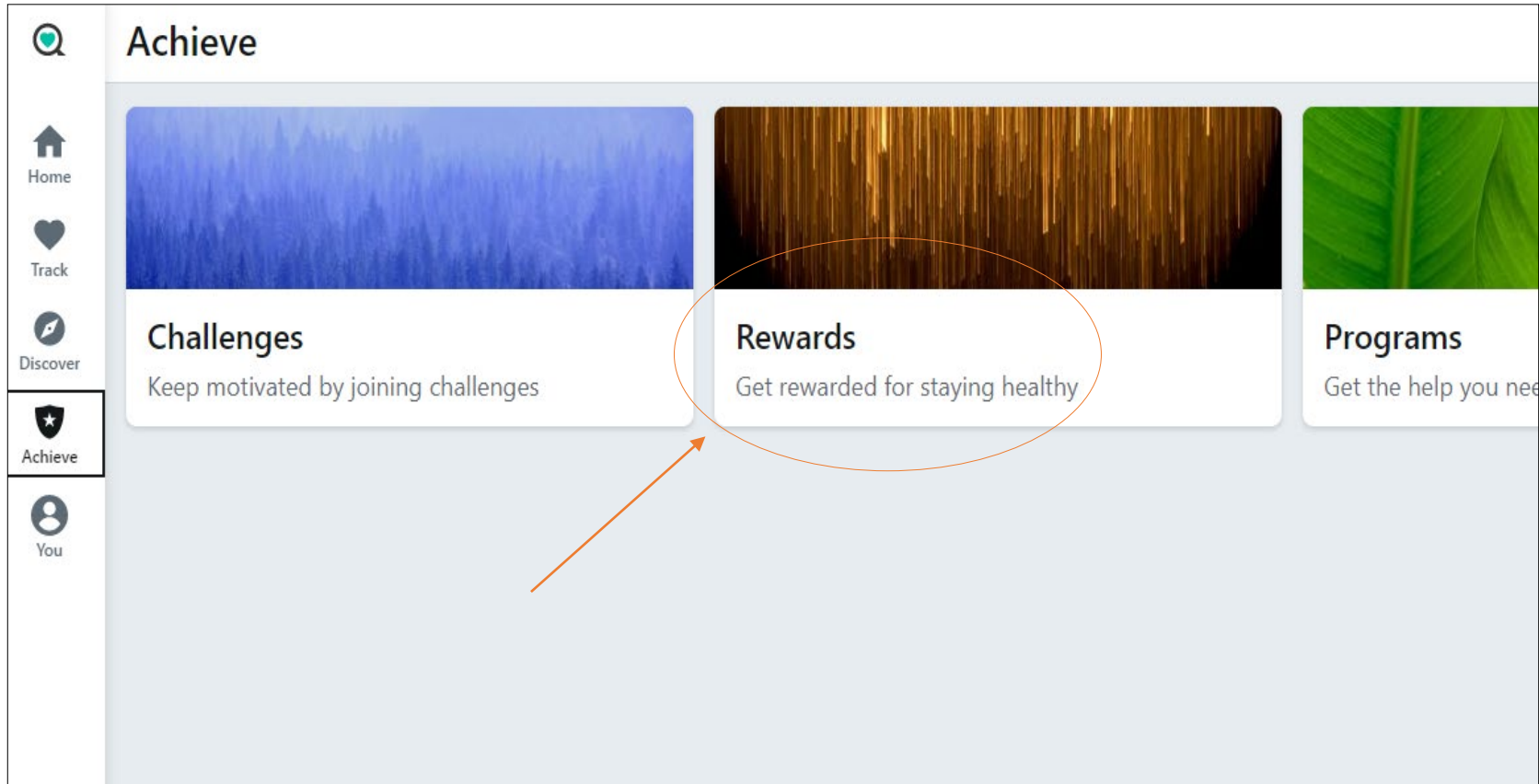
Get Started



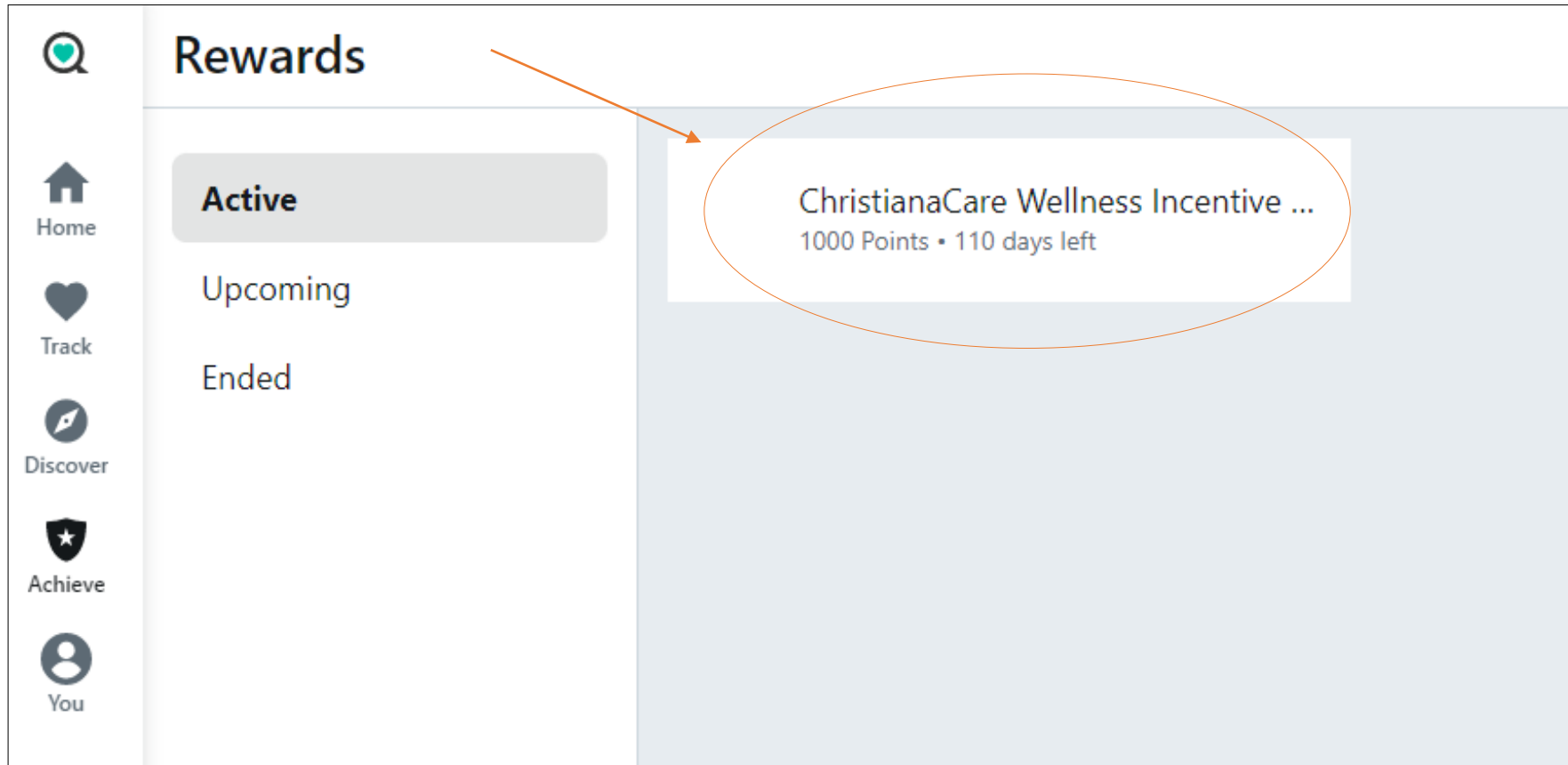
To access all program requirements:
From the home page, click the **Achieve** icon.



Click on the Rewards Tile



Click on the **ChristianaCare Wellness Rewards** to see required activities



Required activities are shown under Available activities.

The screenshot displays the 'Rewards' section of the ChristianaCare Wellness Incentive Program. On the left is a navigation sidebar with icons for Home, Track, Discover, Achieve, and You. The main content area is titled 'ChristianaCare Wellness Incentive Program' and includes a link for 'About This Program' and a progress indicator showing '0 of 1,000 points earned'. On the right, a sidebar titled 'Available activities' lists two items, both circled in orange. The first activity is 'Complete this required activity' with a star icon, offering up to 500 points and available for 110 days. The second activity is 'Complete one tobacco activity', also with a star icon, offering up to 500 points and available for 110 days. Two orange arrows point from the 'About This Program' link and the progress indicator to the 'Available activities' sidebar.

Rewards

ChristianaCare Wellness Incentive Program

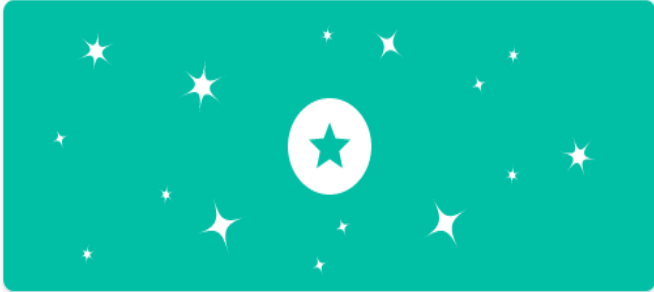
[About This Program](#)

0 of 1,000 points earned

Available activities

- ★ Complete this required activity
Earn up to 500 Points
Available • 110 days left
- ★ Complete one tobacco activity
Earn up to 500 Points
Available • 110 days left

To complete the RealAge Test (if you haven't already):




Earn up to 500 Points

Complete this required activity

Available ⓘ · 110 days left

Activities ⓘ

Complete RealAge Test*
500 Points
Available · 110 days left



500 Points

Complete RealAge Test

Available ⓘ

The RealAge test helps you understand your RealAge compared to your calendar age and find out what you can do to improve your health and gain time back on your life.

Click complete your RealAge Test and see how your RealAge compares to your calendar age.

Rewards Earned
0 Points

[Find out your RealAge](#) [About this Program](#)



To complete the tobacco activity requirement:

Earn up to 500 Points

Complete one tobacco activity
Available • 110 days left

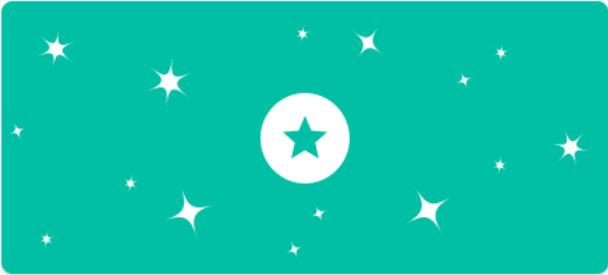
Activities

- Certify You Are Tobacco Free
500 Points
Available • 110 days left
- Complete Quit Tobacco Guide
500 Points
Available • 110 days left
- Enroll in Tobacco Coaching
500 Points
Available • 110 days left

Select this option to Self-Certify that you are tobacco free.

Select one of these options if you are a tobacco-user

You must complete one of the following to satisfy the tobacco activity requirement:



500 Points


Certify You Are Tobacco Free

Available ⓘ

Tap Confirm Completion to certify that you are tobacco free.

Rewards Earned
0 Points

[Confirm Completion](#)



500 Points

Complete Quit Tobacco Guide


Available ⓘ

Earn credit for this activity by clicking "View the Program" and then completing the three tobacco cessation modules. You must complete all three modules, and answer all questions to receive credit. Take the first step to being tobacco free today!

Tap 'About this Program' for more information about this activity or any other available in the program.

Rewards Earned
0 Points

[View the Program](#) [About this Program](#)



500 Points

Enroll in Tobacco Coaching

Available ⓘ

Earn credit for this activity by calling the Wellness Coaching line at 1-800-650-8442 and enrolling in the How To Be Tobacco Free Program. Take the first step to being tobacco free today!

Tap 'About this Program' for more information about this activity or any other available in the program.

Rewards Earned
0 Points


[About this Program](#)

What you will see when you have completed all program requirements:

Rewards




ChristianaCare Wellness Incentive Program

[About This Program](#)






1,000 of 1,000 points earned

Your earned rewards

	Wellness Program Reward		500 Points		500 Points
---	-------------------------	---	------------	---	------------

Completed activities

	Complete this required activity 500 Points earned Completed • Jan 10, 2022	
	Complete one tobacco activity 500 Points earned Completed • Jan 10, 2022	