



Weight loss made simple

Join the #1 doctor-recommended
weight-loss program*

WeightWatchers® is here for *you* with:

- 1** 200+ ZeroPoint® foods
you don't have to track
- 2** The **What to Eat** tool for
instant food tips
- 3** **Guided meditations** to ease stress
- 4** **Trackers** to celebrate your progress
- 5** A **24/7 support squad** to cheer you on



Join WeightWatchers
through ChristianaCare for
\$9.75/month on select plans.**

Learn more and sign up at [WW.com/ChristianaCare](https://www.weightwatchers.com/ChristianaCare).

Already a WeightWatchers member?

Call customer service at 866-204-2885 to sync your account.

*Based on a 2020 IQVIA survey of 14,000 doctors who recommend weight-loss programs to patients.

**Pricing reflects the cost of an eligible WW membership plan through your organization. If your membership includes a monthly payment, it is required in advance. You'll be automatically charged each month, if applicable, in accordance with company pricing until you cancel. Pricing may adjust to the standard monthly rate if your relationship with your organization changes or terminates, or the agreement between your organization and WW terminates.

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