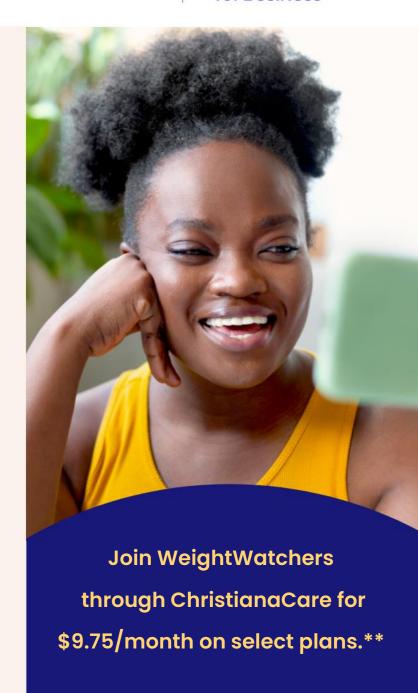


## Weight loss made simple

Join the #1 doctor-recommended weight-loss program\*

## WeightWatchers® is here for you with:

- 1 200+ ZeroPoint® foods you don't have to track
- 2 The What to Eat tool for instant food tips
- 3 Guided meditations to ease stress
- 4 Trackers to celebrate your progress
- 5 A 24/7 support squad to cheer you on



## Learn more and sign up at <u>WW.com/ChristianaCare</u>.

## Already a WeightWatchers member?

Call customer service at 866-204-2885 to sync your account.

\*Based on a 2020 IQVIA survey of 14,000 doctors who recommend weight-loss programs to patients.

\*\*Pricing reflects the cost of an eligible WW membership plan through your organization. If your membership includes a monthly payment, it is required in advance. You'll be automatically charged each month, if applicable, in accordance with company pricing until you cancel. Pricing may adjust to the standard monthly rate if your relationship with your organization changes or terminates, or the agreement between your organization and WW terminates.